

**Bachelor of Science in Health and Physical Education
Freshman Curriculum Planning Guide and Four-Year Plan
Fayetteville State University
(2019-2020)**

University College Core Curriculum (38-40 Credits)	Course	Cr.	Term	Grade
Transitional Studies – University Studies (2 Credits)¹		1		
Select one option from UNIV 101 and UNIV 102		1		
Transitional Studies – Life Skills (2 Credits) <i>Select two credits from the following:</i>		2		
HEED 112				
Communication Skills – Written Communication (3 Credits)		3		
ENGL 110				
Information Literacy (3 Credits)		3		
ENGL 120				
Communication Skills – Oral Communication (3 Credits)		3		
SPEE 200				
Reasoning Skills – Critical Thinking (3 Credits)²		3		
Select one from the following: PHIL 110 or PHIL 220				
Reasoning Skills – Quantitative Reasoning (3-4 Credits)³		3		
<i>Select one from the following:</i> MATH 123 or MATH 126 or MATH 129 or MATH 130 or MATH 131 or STAT 202				
Scientific Literacy – Natural Sciences (7-8 Credits)⁴		4		
Select from the following: ASTR 101/101L or ASTR 102/102L or ASTR 213 or ASTR 214 or BIOL 111/111L or BIOL 131/BIOL 131L or BIOL 150/150L or BIOL 160/160L or CHEM 141/141L or CHEM 161/161L or NSCI 111/111L or NSCI 121/121L		3		
Scientific Literacy – Social Sciences (3 Credits)		3		
CRJC 210 or ECON 211 or ECON 212 or GEOG 210 or HIST 212 or HIST 271 or POLI 200 or POLI 210 or POLI 220 or POLI 270 or PSYC 210 or SOCI 210				
Humanities and Creative Arts (3 Credits)		3		
Select one from the following: ART 210 or COMM 220 or ENGL 220 or ENGL 223 or ENGL 240 or ENGL 250 or ENGL 253 or HIST 210 or HUMN 211 or HUMN 212 or MUSI 210 or MUSI 225 or MUSI 260 or PHIL 210 or RELI 215 or THEA 203				
Global Literacy (3 Credits)⁵		3		
Select one from the following: ANTH 210 or ART 150 or ART 215 or BADM 210 or CHIN 110 or CHIN 120 or ENGL 211 or ENGL 212 or FREN 110 or FREN 120 or GEOG 220 or HIST 110 or HIST 120 or HIST 270 or PHIL 211 or POLI 230 or SOCI 150 or SPAN 110 or SPAN 112 or SPAN 120 or SPAN 122 or SPAN 211 or THEA 242 or YORU 110 or YORU 120				
Ethics and Civic Engagement (3 Credits)		3		
EDUC 211				

Notes

- 1 UNIV 101-UNIV 102 required for all first-time students; UNIV 110 required for transfer students with fewer than 30 transfer credits. Students do not earn credit if requirement is waived. UNIV 111 may be required based on academic performance
- 2 Not required for students with 60+ transfer credits. Students do not earn credit if requirement is waived
- 3 MATH 121 may be required based on profile scores. Some core courses require a one-hour lab.
- 4 At least one natural science class must include its associated lab. Some majors require two lab sciences, increasing requirement to 8 credits
- 5 Not required for students with 30 or more transfer credits from a foreign institution. Students do not earn credit if requirement is waived.

Professional Education Courses and Health and Physical Education Core Courses Program Requirements				
	Course	Cr.	Term	Grade
Required Education Courses (15Credits)	[Prefix Number]	[cr]		
	EDUC 210	3		
	EDUC 310	3		
	EDUC 330	3		
	EDUC 331	3		
	EDUC 455	3		
Major Method Courses (18 Credits)	**EDUC 464	3		
	**READ 320	3		
	++EDMG 470 or EDUC 480	11		
	++EDUC 490	1		
**Admission to Teacher Education is required (Students must pass PRAXIS I and complete an interview) ++Admission to Clinical Experience (Student Teaching) Students must pass prerequisite courses with a grade of C or higher before enrolling in subsequent courses, and students must earn a grade of C or higher in all education major courses to qualify for graduation.				
HEALTH EDUCATION CORE (21 Credit Hours)				
	HEED 300	3		
	HEED 301	3		
	HEED 310	3		
	(Choose 1) HEED 321 HEED 322	3		
	HEED 372	3		
	HEED 420	3		
	Select one (1) of the following electives: HEED 311 HEED 321 HEED 322 HEED 410 HEED 411	3		
PHYSICAL EDUCATION COURSES (27 CREDIT HOURS)				
	PEDU 101	1		
	PEDU 204	3		
	PEDU 214	3		
	PEDU 302	2		
	PEDU 310	2		
	PEDU 311	3		
	**PEDU 411	3		
	**PEDU 421	3		

	**PEDU 431	3		
	**PEDU 450	4		
Total Credits		120		

Four-Year Plan Health and Physical Education, BS

This Plan illustrates how students can meet degree course requirements in four years. Some courses listed below may be taken in an alternate order. Courses fulfilling requirements are listed on the previous pages. For information about prerequisites and other program requirements, consult the appropriate Catalog Program of Study and an advisor. Students should work with advisor to create and update an individual plan in Degree Works.

Year 1 Fall		
Requirement	Course	Cr
University Studies	UNIV 101	1
Written Communication	ENGL 110	3
Life Skills	HEED 112	2
Critical Thinking	PHIL 110	3
Quantitative Reasoning	MATH 123	3
Social Sciences	SOCI 210 or PSYC 210 or POLI 210	3
Total:		15

Year 1 Spring		
Requirement	Course	Cr
University Studies	UNIV 102	1
Information Literacy	ENGL 120	3
Oral Communication	SPEE 200	3
Scientific Literacy	NSCI 121 and NSCI 121L	4
Health and Physical Education Major	PEDU 101	1
Professional Education	EDUC 210	3
Total:		15

Year 2 Fall		
Requirement	Course	Cr
Scientific Literacy	BIOL 150 and BIOL 150L	4
Ethics and Civic Engagement	EDUC 211	3
Professional Education	EDUC 310	3
Major Elective	PEDU 204	3
Humanities and Creative Arts	HUMN 211 or HUMN 212	3
Total:		16

Year 2 Spring		
Requirement	Course	Cr
Professional Education	HEED 300	3
Professional Education	HEED 301	3
Health and Physical Education Major	PEDU 214	3
Health and Physical Education Methods	HEED 420	3
Health and Physical Education Major	PEDU 311	3
Total:		15

Year 3 Fall		
Requirement	Course	Cr
Professional Education	EDUC 455	3
Professional Education	EDUC 330	3
Health and Physical Education 1 st Concentration	EDUC 331	3
Health and Physical Education 1 st Concentration	HEED 372	3
Health and Physical Education 1 st Concentration	PEDU 302	2
Total:		14

Year 3 Spring		
Requirement	Course	Cr
Health and Physical Education Major	EDUC 450	4
Health and Physical Education Major	(Choose one) HEED 311 HEED 321 HEED 322 HEED 411	3
Health and Physical Education Major	PEDU 310	2
Health and Physical Education Major	(Choose one) HEED 321 HEED 322	3
Health and Physical Education Major	HEED 310	3
Total:		15

Year 4 Fall		
Requirement	Course	Cr
Health and Physical Education Methods	EDUC 464	3
Health and Physical Education Methods	READ 320	3
Health and Physical Education Methods	PEDU 411	3
Health and Physical Education Methods	PEDU 421	3
Health and Physical Education Methods	PEDU 431	3
Total:		15

Year 4 Spring		
Requirement	Course	Cr
Health and Physical Education Clinical Experience	EDUC 470 or EDUC 480	11
Health and Physical Education Clinical Experience	EDUC 490	1
Total:		12